

Just to tell you about

The Bounders Relay

When - Tuesday 8th July 2008 start at 7 pm

Where - Crowthorne Woods, behind Broadmoor Hospital
(Turn into Upper Broadmoor Road from Bracknell Road, B3348
- then left into Kentigern Road, go down the hill and go into the
car park on the left)

Cost of entry per team - £4

Teams of 4 - 2.5 miles per leg.

Each team must contain at least 1 vet (35+ female, 40+ male)

Teams can be single sexed or mixed

Just turn up for Registration of your team at 6.30 pm in the
Car park.

Open to all clubs, and companies etc to take part in this fun,
low-key event. Could you please give me a ring or send me an e-
mail to let me know if you are sending a team, so that we have a
rough idea of numbers for the night. Thanks very much.

Prizes for the winning team, running club & company,
presentation of prizes as soon as possible after the last
runners have finished.

Hope to see you there!

Linda Rayman

Secretary

Bracknell Forest Runners

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