

Reading Roadrunners Present:

DINTON PASTURES RELAYS 2010

Distance: 3106 mtrs (1.93 miles)

All off road on paths and trails within the park

Thursday 8th July

Entry £2.00 each

After race food/refreshments if required at £6.00 / £3.00 child each

Entry forms available from RRR desk on Wednesday or from your club representative (guest teams)

All friends and family welcome. Organise your own team or enter as an individual, we will put you in a team. This is an ideal event whatever your running pace.

Rules

1. Teams of three, any gender
2. Predicted times must be submitted prior to the event
3. No watches to be worn
4. The winning team will be the one closest to their predicted times
5. If a team has less than 3 members any other member can run to the predicted time submitted.
6. Prizes will be awarded to the winning team and the individual who ran closest to their predicted times.

Dinton Pastures Country Park, Hurst Road, Winnersh