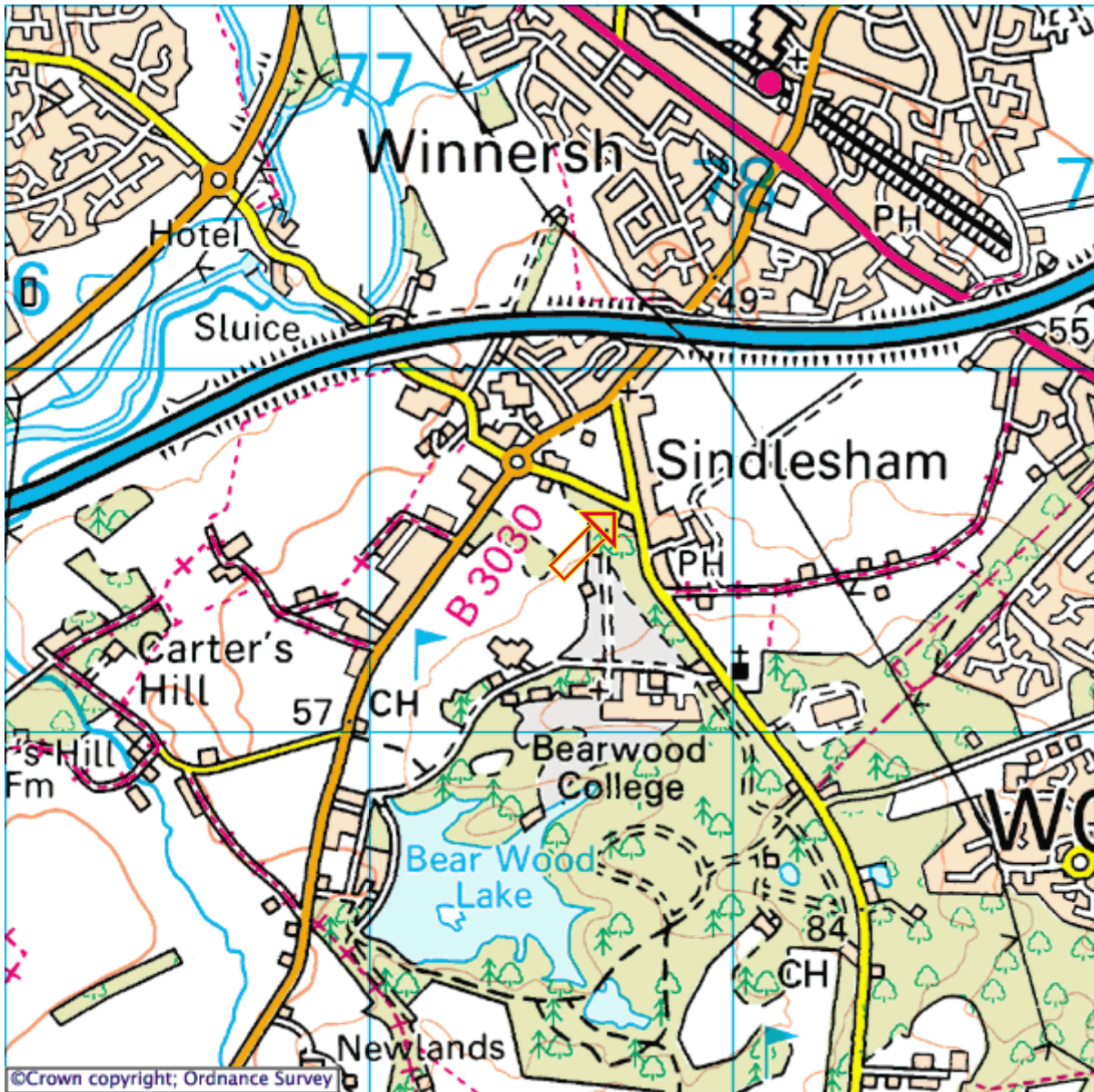


**Thames Valley XC League 2007/2008**  
**Reading Roadrunners, Bearwood College, Winnersh RG41 5BG**

**Directions from Frogmore (approx 10 miles / 20 minutes):**

- 1) Take the A 327 through Yateley towards Reading.
- 2) At Arborfield Cross, at the roundabout by the Bull pub, take the third exit onto the B3030 towards Winnersh.
- 3) At Sindlesham roundabout (1.5 miles from Arborfield) take the third exit into New Rd.
- 4) The entrance to Bearwood College is in 300 m on the R, just before the next road junction.
- 5) There is good car parking but limited changing; please come prepared.



The course is the same as previous years and more suited for studs rather than spikes although you can run on the grass at the side of the road section.

Refreshments will be available after the race.