

DECEMBER RESULTS

Pos.	Name	Time	PB/SB	Hcap Time	Adjustment	New Hcap Time
1 st	Dave O'Toole	37:21	SB	-3:27	-3:27	37:21
2 nd	Carl Hunton	38:44	PB	-0:50	-0:50	38:44
3 rd =	Ray Woodman	39:21	SB	-0:42	-0:42	39:21
3 rd =	Simeon Ward	35:08	PB	-0:42	-0:42	35:08
5 th	Richard McCready	41:38	PB	-0:26	-0:26	41:38
6 th	Andy Summerskill	39:18		-0:22	-0:22	39:18
7 th	Will Hawkins	43:27		-0:09	-0:09	43:27
8 th	Gerry Mepham	35:59	PB	-0:01	-0:01	35:59
9 th	Graham Robinson	29:35		0:00	0:00	29:35
10 th	Matt James	40:35		+0:01	0:00	40:34
11 th	Richard Johnson	30:52		+0:16	+0:04	30:40
12 th	Nick Jacobs	33:01		+0:37	+0:09	32:33
13 th	Andy Tarbet	34:16		+0:42	+0:10	33:44
14 th	Paul Alexander	35:51		+0:49	+0:12	35:14
15 th	Clive Rolfe	33:01		+0:56	+0:14	32:19
16 th	Patrick Wadsworth	37:14		+1:03	+0:16	36:27
17 th	Paul Biggs	37:17		+1:13	+0:18	36:22
	James Casey	46:32				43:05
	Larry Sharp	47:23				47:23
	Suren Mannick	50:08				48:11
	Faye Bosley	43:05				42:32
	John King	38:51	FIRST			38:51
	Paul Oakley	40:50	FIRST			40:50

ONE LAP

	Jacqui Sayer	25:48	PB			25:48
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