

DEC RESULTS

Pos.	Name	Time	PB/SB	Hcap Time	Adjustment	New Hcap Time
1st	Sue Wright	39:39	PB	-1:12	-1:12	39:39
2nd	Helen Antram	37:30	PB	-1:06	-1:06	37:30
3rd	Rob Fisher	40:02	SB	-0:53	-0:53	40:02
4th	John Ellwood	32:44	PB	-0:43	-0:43	32:44
5th	Paul Alexander	37:56	PB	-0:18	-0:18	37:56
6th	Ray Woodman	42:20		-0:14	-0:14	42:20
7th	Clive Rolfe	31:56	PB	-0:09	-0:09	31:56
8th	Elin Loftesnes	44:53		-0:01	-0:01	44:53
9th	Janet Ford	45:14		+0:15	+0:04	45:03
10th	Gerry Meopham	36:45		+0:33	+0:08	36:20
11th	Andy Stevens	33:27		+0:51	+0:13	32:49
12th=	Nick Jacobs	32:52		+0:55	+0:14	32:11
12th=	Dave Breslin	34:35		+0:55	+0:14	33:54
14th	Graham Robinson	30:31		+1:00	+0:15	29:46
15th	Suren Mannick	46:40		+1:56	+0:29	45:13
16th	Jenny Grey	35:37		+2:09	+0:30	33:59
17th	Richard Johnson	39:48		+8:15	+0:30	32:03
18th	Andy Tarbet	42:22		+8:49	+0:30	34:03
	Larry Sharp	47:23				44:28
	Matt James	46:53				44:23
	Mark Fallowfield Smith	31:48	FIRST			31:48
	Simeon Ward	39:19	FIRST			39:19
	Adrian Stephens	40:47	FIRST			40:47