

## OCTOBER RESULTS

<b>Pos.</b>	<b>Name</b>	<b>Time</b>	<b>PB/SB</b>	<b>Hcap Time</b>	<b>Adjustment</b>	<b>New Hcap Time</b>
<b>1<sup>st</sup></b>	Matt James	40:32	PB	-2:21	-2:21	40:32
<b>2<sup>nd</sup></b>	Paul Alexander	34:36	PB	-1:27	-1:27	34:36
<b>3<sup>rd</sup></b>	Simeon Ward	35:29	PB	-1:08	-1:08	35:29
<b>4<sup>th</sup></b>	Sam Scott	37:44	PB	-1:02	-1:02	37:44
<b>5<sup>th</sup></b>	Andy Tarbet	33:30	SB	-0:51	-0:51	33:30
<b>6<sup>th</sup></b>	Gerry Mephram	36:09	PB	-0:33	-0:33	36:09
<b>7<sup>th</sup></b>	Nick Jacobs	32:06		-0:19	-0:19	32:06
<b>8<sup>th</sup></b>	Richard Johnson	31:02	SB	-0:15	-0:15	31:02
<b>9<sup>th</sup></b>	Graham Robinson	29:35		-0:07	-0:07	29:35
<b>10<sup>th</sup></b>	Christine Armstrong	48:04		0:00	0:00	48:04
<b>11<sup>th</sup></b>	Jenny Grey	33:54		+0:07	+0:02	33:49
<b>12<sup>th</sup></b>	Tim Rivers	35:59		+0:11	+0:03	35:51
<b>13<sup>th</sup></b>	Will Hawkins	44:02		+0:35	+0:09	43:36
<b>14<sup>th</sup></b>	Becky Miller	44:14		+0:37	+0:09	43:46
<b>15<sup>th</sup></b>	Roger Halliwell	44:43		+1:14	+0:19	43:48
<b>16<sup>th</sup></b>	Roy Whillier	46:28		+1:39	+0:25	45:14
<b>17<sup>th</sup></b>	Brendon Cottrell	34:23		+1:41	+0:25	33:07
<b>18<sup>th</sup></b>	Clive Rolfe	33:40		+1:54	+0:29	32:15
<b>19<sup>th</sup></b>	Kim Preston	46:05		+2:44	+0:30	43:51
<b>20<sup>th</sup></b>	Patrick Wadsworth	40:12		+4:24	+0:30	36:18
	Andy Stevens	33:27				33:07
	Carl Bradshaw	34:50	SB			34:50
	Paul Biggs	35:34	PB			35:34
	George Green	37:14	FIRST			37:14
	Nikki Fowler	42:25	FIRST			42:25
	Carl Hunton	39:42	FIRST			39:42
	Richard McCready	43:51	FIRST			43:51
	Ron Shiner	50:56	FIRST			50:56