

## MARCH RESULTS

<b>Pos.</b>	<b>Name</b>	<b>Time</b>	<b>PB/SB</b>	<b>Hcap Time</b>	<b>Adjustment</b>	<b>New Hcap Time</b>
<b>1<sup>st</sup></b>	John Kay	40:20	PB	-2:02	-2:02	40:20
<b>2<sup>nd</sup></b>	Nikki Fowler	38:55	PB	-0:38	-0:38	38:55
<b>3<sup>rd</sup></b>	Louise Gubb	38:47	PB	-0:32	-0:32	38:47
<b>4<sup>th</sup></b>	Andy Tarbet	33:28		-0:26	-0:26	33:28
<b>5<sup>th</sup></b>	Rob Fisher	40:55		-0:25	-0:25	40:55
<b>6<sup>th</sup></b>	Will Hawkins	43:45		-0:22	-0:22	43:45
<b>7<sup>th</sup></b>	Faye Bosley	42:29		-0:03	-0:03	42:29
<b>8<sup>th</sup></b>	Vanessa Lewis	41:21	PB	-0:02	-0:02	41:21
<b>9<sup>th</sup></b>	George Green	35:47		+0:09	+0:02	35:38
<b>10<sup>th</sup></b>	Jon Payne	34:49		+0:20	+0:05	34:34
<b>11<sup>th</sup></b>	Duncan Laurie-Pile	33:21		+0:24	+0:06	33:03
<b>12<sup>th</sup></b>	Dave Breslin	35:37		+0:26	+0:06	35:15
<b>13<sup>th</sup></b>	Gerry Mephram	36:39		+0:28	+0:07	36:18
<b>14<sup>th</sup></b>	Brendon Cottrell	33:56		+0:32	+0:08	33:32
<b>15<sup>th</sup></b>	John King	39:45		+0:46	+0:12	39:10
<b>16<sup>th</sup></b>	Matt James	41:58		+0:54	+0:13	41:17
<b>17<sup>th</sup></b>	Patrick Wadsworth	37:33		+0:55	+0:14	36:52
<b>18<sup>th</sup></b>	Graham Robinson	31:07		+1:10	+0:17	30:14
<b>19<sup>th</sup></b>	Becky Miller	47:38		+2:52	+0:30	45:16
<b>20<sup>th</sup></b>	Richard Johnson	33:56		+3:10	+0:30	31:16
	Chris Palmer	31:10	PB			31:10
	Jenny Grey	35:37				34:43
	Tim Rivers	38:25				37:08
	David Blithe	41:20	FIRST			41:20
	Jane Crawford	45:49	FIRST			45:49