

## MAY RESULTS

Pos.	Name	Time	PB/SB	Hcap Time	Adjustment	New Hcap Time
1 <sup>st</sup>	Tremayne Murphy	41:25		-3:47	-3:47	41:25
2 <sup>nd</sup>	John Kay	37:51	PB	-2:29	-2:29	37:51
3 <sup>rd</sup>	Larry Sharp	44:55		-2:08	-2:08	44:55
4 <sup>th</sup>	Dave Breslin	31:56	PB	-1:48	-1:48	31:56
5 <sup>th</sup>	Duncan Laurie-Pile	31:36	PB	-1:27	-1:27	31:36
6 <sup>th</sup>	Dave O'Toole	34:57		-1:24	-1:24	34:57
7 <sup>th</sup> =	Matt James	38:38	PB	-1:17	-1:17	38:38
7 <sup>th</sup> =	Patrick Wadsworth	35:35		-1:17	-1:17	35:35
9 <sup>th</sup>	Jon Payne	32:43		-1:14	-1:14	32:43
10 <sup>th</sup>	Nikki Fowler	38:03	PB	-1:07	-1:07	38:03
11 <sup>th</sup>	Justin Harwood	38:10	PB	-0:57	-0:57	38:10
12 <sup>th</sup>	David Blithe	40:35	PB	-0:45	-0:45	40:35
13 <sup>th</sup>	Jane Crawford	42:28	PB	-0:43	-0:43	42:28
14 <sup>th</sup>	Gerry Mephram	34:21	PB	-0:37	-0:37	34:21
15 <sup>th</sup>	Tim Rivers	37:08		0:00	0:00	37:08
16 <sup>th</sup>	Louise Gubb	38:49		+0:05	+0:01	38:45
17 <sup>th</sup>	Paul Alexander	35:11		+0:10	+0:02	39:10
18 <sup>th</sup>	Martin Powell	34:01		+0:26	+0:06	33:35
19 <sup>th</sup>	Andy Tarbet	34:25		+0:27	+0:07	41:22
20 <sup>th</sup>	Simeon Ward	34:42		+0:35	+0:09	33:58
21 <sup>st</sup>	Vanessa Lewis	41:14		+0:36	+0:09	40:47
22 <sup>nd</sup>	Richard Johnson	31:58		+0:42	+0:10	31:26
23 <sup>rd</sup>	Ray Woodman	41:03		+1:12	+0:18	40:09
24 <sup>th</sup>	Graham Robinson	30:51		+2:29	+0:30	31:26
	Mark Fallowfield Smith	30:53	PB			30:53
	Tim Smith	40:40	PB			40:40
	Sue Wright	38:31				38:31
	Rachel Boorman	42:33	FIRST			42:33
	Sarah Alexander	43:42	FIRST			43:42
	Richard Cornwell	44:01	FIRST			44:01
	Wayne Boardman	43:34	FIRST			43:34
	Greg Ward	43:03	FIRST			43:03
	Donna Cooper	43:26	FIRST			43:26
	Neil Praine	41:11	FIRST			41:11
	Jean Strudley	45:31	FIRST			45:31
	Peter Phelps-Jones	44:14	FIRST			44:14
	<b>ONE LAP</b>					
	Nicola Vince	28:41		-0:07	-0:07	28:41
	Ruth Dodridge	24:38				24:38
	Chris Dodridge	27:48				27:48