

OCT RESULTS

Pos.	Name	Time	PB/SB	Hcap Time	Adjustment	New Hcap Time
1st	Peter Morris	40:02	PB	-02:40	-02:40	40:02
2nd	Andrew Parkes	41:35	PB	-01:03	-01:03	41:35
3rd	Nikki Stanley	38:06	PB	-00:45	-00:45	38:06
4th	Paul Alexander	35:26		-00:43	-00:43	35:26
5th	Erol Ali	36:23	SB	-00:42	-00:42	36:23
6th	John King	38:28	PB	-00:34	-00:34	38:28
7th	Newton Johnston	38:35	PB	-00:26	-00:26	38:35
8th	Dave O'Toole	35:02		-00:22	-00:22	35:02
9th	Jon Payne	33:14		-00:08	-00:08	33:14
10th	Sarah Alexander	43:03		+00:03	+00:01	43:01
11th	Duncan Laurie-Pile	32:47		+00:19	+00:05	32:33
12th	Andy Tarbet	34:47		+00:41	+00:10	34:16
13th	Matt James	39:23		+00:46	+00:11	38:48
14th	Patrick Wadsworth	37:31		+01:07	+00:17	36:41
15th	George Green	36:42		+01:13	+00:18	35:47
16th	Martin Powell	35:03		+01:20	+00:22	34:05
17th	Gerry Mepham	36:24		+01:46	+00:26	35:02
18th	Dave Breslin	36:08		+03:12	+00:30	33:26
19th	Paul Biggs	38:05		+04:10	+00:30	34:25
20th	Richard Johnson	36:22		+04:55	+00:30	31:57
21st	James Casey	49:30		+08:30	+00:30	41:30
	Graham Robinson	29:35				29:13
	Alan Kirby	38:59				38:59
	John Powter	43:28	FIRST			43:28
	Mark Stock	41:42	FIRST			41:42
	KJ Kajla	45:27	FIRST			45:27