

JAN 2011 RESULTS

Pos.	Name	Time	PB/SB	Hcap Time	Adjust ment	New Hcap Time
1st	Simon Carter	36:19	PB	-04:09	-04:09	36:19
2nd	Graham Robinson	29:42		-00:01	-00:01	29:42
3rd	Paul Biggs	35:19		+00:24	+00:06	35:01
4th	Mark Stock	40:45		+00:42	+00:10	40:13
5th	Nikki Stanley	37:25		+00:45	+00:11	36:51
6th=	Patrick Wadsworth	37:35		+00:54	+00:13	36:54
6th=	Dave O'Toole	35:57		+00:54	+00:13	35:16
8th=	Scott Bailey	39:14		+01:17	+00:19	38:16
8th=	Frances Parkes	47:32		+01:17	+00:19	46:34
10th	John Powter	44:51		+01:23	+00:21	43:49
11th	Tremayne Murphy	43:21		+01:25	+00:21	42:17
12th	Mark Fallowfield Smith	32:57		+01:26	+00:21	31:52
13th	Matt James	40:56		+01:32	+00:23	39:47
14th=	Gerry Mephram	37:02		+01:47	+00:27	35:42
14th=	Duncan Laurie-Pile	34:36		+01:47	+00:27	33:16
16th	George Green	38:06		+02:04	+00:30	36:32
17th	Will Hawkins	46:30		+02:13	+00:30	44:47
18th	John Ellwood	39:55		+02:59	+00:30	37:26
19th	Jon Payne	35:21		+03:12	+00:30	32:39
20th	Jeff Culkin	42:46		+03:26	+00:30	39:50
21st	Rob Fisher	46:45		+04:11	+00:30	43:04
22nd	Richard Johnson	36:24		+04:24	+00:30	32:30
	Jamie Ashton	28:25	PB			28:25
	Carl Bradshaw	36:36				35:42
	Michael Frean	38:51				36:56
	Sue Wright	45:38				42:10
	Tasha O'Toole	50:15				47:52