

OCT 2011 RESULTS

Pos.	Name	Time	PB/SB	Hcap Time	Adjustment	New Hcap Time
1st	Tremayne Murphy	41:25	SB	-00:33	-00:33	41:25
2nd=	Mark Fallowfield-Smith	30:21		-00:20	-00:20	30:21
2nd=	George Green	36:40	SB	-00:20	-00:20	36:40
4th=	Jon Payne	32:59	SB	-00:16	-00:16	32:59
4th=	Mark Duckworth	42:08	PB	-00:16	-00:16	42:08
6th	Newton Johnston	37:56		-00:01	-00:01	37:56
7th	Patrick Wadsworth	37:12		+00:02	+00:00	37:10
8th	Andy Summerskill	43:08		+00:54	+00:13	42:27
9th	Simon Carter	36:17		+00:55	+00:14	35:36
10th	Tasha O'Toole	41:44		+01:07	+00:17	40:54
11th	Will Hawkins	47:57		+01:18	+00:19	46:58
12th	Richard Johnson	33:04		+01:35	+00:24	31:53
13th	Mark Stock	39:19		+01:55	+00:29	37:53
14th	Nikki Fowler	41:51		+02:59	+00:30	39:22
15th	Paul Biggs	41:58		+07:02	+00:30	35:26
	Duncan Laurie -Pile	31:45				31:45
	Nick Jacobs	32:00	SB			32:00
	John Ellwood	38:15				36:55
	Peter Brown	35:59	FIRST			35:59