

Sandhurst Joggers

Newsletter 2008 April Newsflash

A WORD FROM THE (NEW) EDITOR



Welcome to the first issue of the newsletter for this year.

As the club has over 270 members. I though I would introduce myself.

I joined the club this year. Starting off with the beginners group. I am married to nina who helps to run the beginners group on Tuesday night.

I am still finding my running feet and hope to take part of some races this year, mostly 5K and 10K.

I also enjoy walking and as an member of CAMRA. "Campaign for real ale". I enjoy finding new pub and new beers to try.

For the past 4 years I have been working at Heathrow airport. And yes I have been working on Terminal five.

I live in church Crookham which is not bad for running. We have the Basingstoke canal close by.

Hope to do some more runs soon and look forward to meeting more of you.

Mally Cron.

Next Edition deadline is 26th may.

All contributions gratefully received.

Send your contributions and ideas to:

E-mail:

newsletter@sandhurstjoggers.org.uk

Post:

2 Annettes croft
Church Crookham
Fleet
Hampshire
Gu52 0xn

Or by hand. I try to make some of the Tuesday night runs. If I not Nina is there most Tuesdays.

Next issue will be out in June.

Help needed

The newsletter needs your help!

Without you this newsletter would be dull.

I need articles. This could be a race report, or your holiday, or a training run, or any thing else that would be of interest to the rest of the club.

Send it in and you may see it in print for the rest of the club to see.

What have you got to lose.

Look forward to hearing from you.

Mally.Cron.

Club Calendar

April 2008

Date	Race/Event	Comment/Contact
Sun 6th	Frimley Hospital 10k	Cancelled. Moved to Sunday 20th
Wed 9th	Club handicap run	Handycap organiser
Sun 13th	London Marathon	
TBA	Post London pizza party	
Sun 20th	Frimley hospital 10k	
Sun 27th	Bracknell Half Marathon	

May 2008

Date	Race/Event	Comment/Contact
Sun 1st	Marlow 5	
Sun 4th	Amesbury Amble	
Mon 5th	Shinfield 10K	Championship Event
Sun 11th	Alton 10mile	
Wed 14th	Club handicap run	Handycap organiser
Sun 18th	Hook 10mile	Championship Event
TBA	Pub run 19:30	Social Secretary
Wed 28th	Woodland 5	Championship Event

June 2008

Date	Race/Event	Comment/Contact
Wed 4th	Yateley 10k	
Sat 7th	Dorney dash	10K
Sun 8th	St Albans 1/2 Marathon	
Mon 9th	Pub run 19:30	Social Secretary
Wed 11th	Club handicap run	Handycap organiser
Sun 15th	Wargrave 10K	
Sun 15th	North down 30K	
Wed 18th	Forest 5	
TBA	Commitee meeting	
Sat 28th	Runnymead relay	Events team

All details correct at time going to press. Please check the event before the date!

For more detail please check the web site.