

EST 1987

SANDHURST JOGGERS

AGM - 2025/26

3rd March 2026

AGENDA

- **Welcome**
- **Apologies for Absence**
- **Reports from the Committee**
- **Club Subscription**
- **Committee Election 2026/27**
- **Non-elected Posts 2026/27**
- **Prize Draw**
- **Annual Awards**
- **Any Other Business**
- **Closing Remarks**

Apologies for Absence



Reports - Summer Events

We had another great year of summer events. We encourage everyone of all abilities to get involved. Please do check them out in 2026.

2025 Participation:

- Windlesham Pairs - 5 pairs
- Endure 24 - 2 teams
- Runnymede relay - 2 teams of 4
- Stragglers River relay - 1 Team of 5
- Hart 4 - a whopping 8 teams of 4
- Milocarians - 25 runners



Cross Country 25/26 season

Average **17** members at each race
35 members took part throughout the season

Congratulations to the following members for completing all events:

- Gerry Mephram
- Dean Emberson
- Catherine Lowe
- Erol Ali
- Helen Davey
- Dave Bartlett
- Mo Willcox

5

Races

Hopefully more
next season!

15

Clubs

6th

At TVT

8th

TVXC
league



Thank you to all who ran
or volunteered
(& ate cake and went to the
pub!)

Nigel & Gabbi

Reports - Yateley Road Races

2025	Race 1	Race 2	Race 3
Entries	694	734	800
Runners	609	608	663
FR Ent	35	55	62
FR Run	35	55	66

	2025	2024	2023	2022
Total Income	44,965.62	36,569.90	35,662.61	39,053.74
	+22.95%	+2.54%	-8.68%	

	2025	2024	2023	2022
Donation - Annual	7,500.00	7,000.00	7,045.96	6,650.00
Donation - Committee	14,100.00	2,650.00	4,500.00	2,650.00
Total Donations	21,600.00	9,650.00	11,545.96	9,300

Reports - General Members

Monday Evening - Patrick Wadsworth

Monday club runs continued to provide a social recovery run. My thanks to Paul Biggs for covering while I am injured

Tuesday Evening - Andy Hazell

Tuesday nights have remained popular with many runners enjoying the runs even with the interesting weather we have had over the darker months. Spring is around the corner and lighter evenings on the horizon which will open up new routes off into the countryside. We have also welcomed a few new run leaders for the groups and some new members. A big thank you to all run leaders for your enthusiasm each week that keeps the night popular.

Wednesday Lunchtime - Janet Venables

The Wednesday daytime run group meet at 12:30, decides where to run and we're out for an hour. We're not a fast group, everybody finds their own pace which includes friendly chats and looping. Everybody is welcome to join us.

Wednesday Evening - Paul Biggs

Wednesday Night Runs have been held throughout the year on and off road in all weathers. Numbers have been steady throughout the year. The group is friendly and supportive. Thanks to all who have supported Wednesday Nights throughout.

Sunday Morning - Gerry Mephram

Attendance through the year remains mixed due to other running events, cross country and weekend commitments. There was an excellent turn out for Scarlett Palmer's memorial run in June. Also we combined with Lisa Harold's group and did an away day run at Virginia Waters in September, which was a great success and enjoyed by everyone who participated.

Reports - Club Coaches

There have been some significant changes to the coaching set up at the club over the year. But then again, some things look quite similar to what we are all familiar with.

Our Head Coach of 30 years, Carl Bradshaw, retired from coaching at the club in March, intending to move up to Scotland. Later in the year, our other long-standing coach, James Casey, also stepped down from coaching duties.

After many years with the club as Run Leader, Wednesday Night Leader, Secretary, Chairman, back to Run Leader (not a demotion!), Welfare Officer and Handicap Run Timer, Richard Boese passed the EA coaching course to qualify as a Coach in Running Fitness.

Coaching for the club is provided by both Richard Boese and Vinnett Taylor. The club coaches are here to discuss training needs and help plan training for whatever event you would like to achieve.

Coach Richard has been setting general track-based training sessions suitable for beginners, improvers and seasoned runners to start at any time in their training.

Coach Vinnett has been helping runners with event specific training plans incorporating track sessions within the programme.

Track sessions take place at Bracknell Athletics Track every Friday 7pm til 8pm:

- Beginning with warm ups, session specific drills and preparation for the main session.
- Main session of track intervals with coaches observing your running technique and providing “helpful feedback”.
- Warm down and stretches and getting feedback on the session from runners.

We get between 8 and 25 runners per session and people can come to track and do their own session as well

Reports - Club Kit

It has been selling steadily. We are aware of the lack of M size Men's vest, but are waiting for stock levels across the range to decrease so we can make use of bulk discounts and reduce shipping costs.

We have the kit here tonight if anyone wants to buy (via membermojo) and/or check sizing.

We did a one-off order for new club personalised hoodies which were popular amongst members.

If you have an idea for something missing from our range, submit it to us for consideration.



Reports - Social

A similar calendar of events to previous years but maintaining popularity amongst members. We tried a new social with Skittles at the Frog & Wicket in Eversley and saw an increased turnout at our Intra-Club Pairs relay and the Christmas Lights run.

The Years Events

- Intra-Club Pairs Relay & Awards Night
- Weekday Pub Runs
- Annual Pub Run / Crawl
- Skittles at Frog & Wicket
- Lift the Curfew
- Quiz Night
- Christmas Lights Run
- Mince Pie Run



Reports - Publicity

Facebook

- The members only club page continues to be the main location for interaction between members.

Email

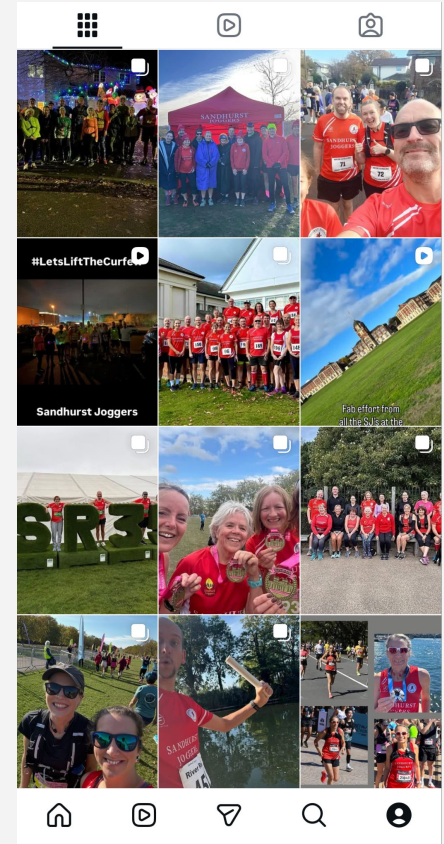
- Less utilised when compared with Facebook with a focus on utilising for main upcoming events or news to keep members informed if not on Facebook. Monthly club newsletter also supports this aspect.

Instagram

- 627 followers
- Increase in stories, posts and member engagement compared with previous year.
- New highlights added - *Why SJ / 2025-26 XC season*

Wordpress

- Monthly newsletter introduced in place of weekly posts due to time constraints.
- Monthly handicap posts have continued (thanks Julian!)
- In comparison with the previous year, views up 104% (from 6.1k to 12.3k) but visitors down by 19% (from 5.5k to 4.4k)



Reports - Welfare

Welfare Officers - Sarah Jones (Lead), Richard Boese and Monica Burbidge

- The role is developing and is into its second year.
- Our role as defined by English Athletics is to 'play a key role in ensuring that that club members have a safe and positive experience at their club. Welfare Officers are key to all members knowing what to do and who to speak to if they have a safeguarding or discipline or conduct concern'.
- We provide a key role in ensuring that DBS checks are up to date, comply with EA requirements and governance around any welfare needs.
- The three of us will continue this work going forward and managing any club welfare issues when they are reported.

How to contact us

- Our email address is welfare@sandhurstjoggers.org.uk
- The Sandhurst Joggers club members Facebook group
- Direct message on Facebook to Sarah, Richard or Monica



Reports - Membership

Membership Recent History			
2022-23	Total - 305	M 137	F 168
2023-24	Total - 289	M 127	F 162
2024-25	Total - 290	M 131	F 159
2025-26	Total - 296	M 131	F 165

13 members took advantage of the discounted rate (£7.50) for the last 3 months of the year.

EA Memberships - **102 members**

EA Member London Marathon

- 10 - 150 = 1 Place
- 151 - 250 = 2 Places
- 251 - 350 = 3 Places

From April 2026, EA club affiliation fees will be **£210**, and athlete registration fee will be **£23**.

Membership Breakdown			
Age Cat.	Male	Female	Total
Under 30	9	9	18
31-40	15	25	40
41-50	26	57	83
51-60	52	49	101
61-70	19	20	39
71+	10	5	15
	131	165	296

Reports - Secretary

Since the last AGM on 25 February, we have held seven Committee meetings. I was unable to attend two of these, and the minutes were taken by Lisa and Sarah. Meetings are now held alternately online, and the new format introduced by Andy has helped to keep them shorter and more efficient.

As part of my role, I organise the annual ARC insurance, approve DBS checks, and book the meeting room for the AGM.

The highlight of my duties is organising the London Marathon ballot. We are allocated one place, and this year Dominic Allen was selected from a pool of 27 entrants.

I also arranged an order of SJ personalised hoodies for the first time since 2019, with 30 members taking up the opportunity.

In addition to my SJ responsibilities, I recruit volunteers for the Yateley 10K; and feed them lunch (with the help of Helen Davey & Sally Kent) to bribe/reward the day timers for their efforts!

Reports - Treasurer

Treasurer Report: Barclays and Paypal Account Summaries

Opening balance at 1st April 2025	£5,711.27
Track	
Track Costs	-£2,980.70
3CTri credits	£81.00
XC	
XC Costs	-£1,337.00
XC Reimbursements	£1,080.00
Affiliations, course fees and memberships	
EA Affiliation Fees	-£2,515.00
Club Affiliations	-£420.00
Membership Payments	£72.01
Course Fees	-£485.00
Race Entries/Running events	
Endure 24 Entries	-£125.00
Hart 4 Entries	-£705.60
Runnymede Relays Entries	-£193.00
Trophies & Medals	-£205.28
Social events	
Quiz costs	-£577.65
Other social costs	-£451.25
Micellaneous costs	
Charity donation for MND	-£150.00
New trolley	-£79.99
Donation from YRR for SJ support	£500.00
Website hosting	-£192.43
Kit costs	-£1,023.70
Petty cash from previous treasurer	£785.00
Leaving gift	-£51.63
Transfers from Paypal	£9,767.23
Closing balance at 2nd March 2026	£4,919.93

Starting Balance at 1st April 2025	£4,671.67
Kit payments	£1,860.07
Membership Payments	£2,967.35
Track Payments	£1,299.67
Transfer to Barclays	-£9,767.23
Pub Quiz Entries	£358.31
Skittles	£50.67
Membermojo admin fee	-£95.00
Closing Balance	£1,345.51

Notes/Commentary:

- Majority of costs increasing (e.g. track, race entries)
- YRR donation and petty cash from previous treasurer (one-off) provided additional funds
- No major unexpected costs for the year

Reports - Chairman

Reflecting on the past year, we have once again got up to a lot as a club and amongst all our members. It has been rewarding seeing members enjoying their running at the weekly club runs and events. I am grateful to our members who turn out week after week and create a strong core for the weekly runs, becoming those familiar faces to new and returning members.

We have had stable membership for the last few years now and this year I have seen an increase in member engagement and more races selling out in the wider running community. Although I feel it remains challenging to engage the wider membership in club events. Notwithstanding that, our calendar of summer events has proven we can get people along to local core events such as Hart4. Staples in our calendar like the Christmas Lights Run and Pairs Relay bring out the best in our membership and are rewarding to arrange.

The changes with leadership at track as noted in Richard's report, have weighed on me. Track remains a core aspect of our club offering and I wish to see this grow and new members step forward into coaching roles. The club financially supported both Richard Boese (CIRF) and Dave Bartlett (LIRF) with their course costs. Please come forward if you would be interested in getting involved.

In the summer, we purchased a small all-terrain trolley to help us transport our club kit at race events. Our banners, flags and gazebos all remain in good working order and have proved very handy at certain races.

Reports - Chairman

Through the monthly club newsletter, it is evident how much goes on with members competing individually and with friends at various races around the UK and the world, working towards their own goals, and sharing these with members through the club page.

We remain a club that has its members at its core, bringing together members of the community to keep active, build friendships, join events, and access local subsidised team events. We retain a fantastic core weekly offering of varying runs and paces, to accommodate a wide variety of runners, all at a very low annual cost.

Home XC

We hosted our home cross country on 23rd November at Lord Wandsworth College. It takes over 35 volunteers to put the event on, from course marshals and the parking team, to timekeepers and catering amongst others! Thank you to all members who came forward to give their time to support the event.

It was another fantastic race, with 360 runners from various local clubs enjoying a challenging course and a lovely spread of food afterwards!

In Memory of Scarlett Palmer

Back in July, it was with deep sadness that we shared the news of our dear friend and fellow jogger, Scarlett Palmer, who passed away. After her MND diagnosis, she was courageous, took control of her destiny, retained her autonomy to the end.

Scarlett was more than just a member of Sandhurst - having joined as a Pure Beginner, in her own words, she found her Tribe and Sunday runs in Swinley Forest were her happy place, through all the seasons and weather. Her kindness, humour, support and friendship means she will be missed by many.

It was heartwarming to see so many SJ's turn out for the Memorial Run at Swinley Forest and stay around afterwards to share memories over a cuppa and cake. In addition, we raised £145 at the run and the club contributed an additional £150 to charity.



Club Subscription

The club subscription has been £15 for as long as any of the committee could remember. In this period of time, we have had COVID, change in membership numbers and significant cost increases for aspects such as EA affiliation, Bracknell Athletics Track and XC runner entry fees.

For many years, the club has maintained a very healthy cash balance, struggling to find ways to spend this whilst adding value to members. As a result, the club reserves for a while now have been deliberately absorbing the cost increases across the board and reducing the cash of the club to a more sensible level.

We are now at a point where we wouldn't want to reduce our reserves any further and membership numbers have been steady for a number of year. When reviewing the club subscription for the year ahead, the committee decided a reset was required to tweak our membership offering and provide a balanced financial foundation for the years ahead.

After benchmarking against similar local club, we recognised that many aspects of our club offering are not included by other local clubs. This demonstrate our fantastic value but we wanted to go one step further still to remove another barrier in costs to our members.

Club Subscription

Proposal

- Annual Club Subscription increases to **£24** - still only £2 a month!
- Reduce membership for the final 3 months remains at **£7.50**

As a result, there will no longer be a £3 charge to attend each track session, removing the need to book in advance and a cost that can total over £144 pounds for a member that attends regularly.

The budget allocates costs for items that will only be replaced every few years such as flags or gazebos or varying requirements to cover coaching costs meaning some years will achieve a surplus. We have also factored in small increases to costs in the coming years to avoid another jump in 2027.

In addition, we retain our summer event subsidies with the amount allocated here being amended to balance the budget when needed.

Members	Total
260	£6240
280	£6720
300	£7200

Budget	
Annual Costs	- £4830
Variable Costs	- £2200
YRR Donation	+ £500
TOTAL	£6530

Committee Election 2026-27

Role	2025-26	2026-27 - Elected
Chair	Andrew Provost (<i>standing down</i>)	
Secretary	Mo Willcox	
Treasurer	Andrea Hadfield	
Membership	Dave Bartlett (<i>standing down</i>)	
Welfare	Sarah Jones	
	Monica Burbidge	
	Richard Boese	
Publicity	<i>vacant</i>	
Social	<i>vacant</i> (Sarah Gray stood down Oct 2025)	
Summer Events	Gary Dowling	
Winter Events	Gabbi & Nigel Bassett	
General Members		
- Monday	Patrick Wadsworth	
- Tuesday	Andy Hazell (Sarah Gray stood down Oct 2025)	
- Wednesday	Paul Biggs	
- Sunday	Scarlett Palmer then Gerry Mepham (<i>standing down</i>)	

Non-Elected Posts 2026-27

Role	2025-26	2026-27
Coaching	James Casey Vinnett Taylor Richard Boese	Richard Boese Vinnett Taylor
Webmaster	Julian Rawcliffe	Julian Rawcliffe
Kit Manager	Cat Wickham	Cat Wickham
Home XC Race Director	Andrew Provost	Andrew Provost
Handicap Run	Simon Whillis Richard Boese	Simon Whillis Richard Boese
Pure Beginners	Lisa Harrold	Lisa Harrold

XC Prize Draw



Annual Awards



**Any other
business?**



Closing Remarks



**Thank You
for coming**